



MT. HOOD
MEADOWS

Your mountain home

Snowshoe Trail Map

2022/2023



This institution is an equal opportunity service provider and employer, which operates under a special use permit issued by the Mt. Hood National Forest, USDA Forest Service.



Snowshoe at Mt. Hood Meadows

Explore Mt. Hood Meadows via snowshoe! Rent snowshoes from us or bring your own and explore the beauty our snowshoe trails offer - you can hike to both Umbrella and Sahalie Falls along our trails. We also have guided tours to the waterfalls, as well as Vista Ridge Culinary Tours on specific evenings after the Vista chairlift has closed to the public. For information, dates and prices for these tours, please visit:

SkiHood.com/Snowshoe



TUBBS
SNOWSHOES

Snowshoe Rentals

Snowshoes with poles available at our Rental Center located in the Sahale Lodge or at the Nordic Center located in the Hood River Meadows parking area.

Adult (Ages 15 and Older) / Junior (Ages 14 and Younger)

Starting at 9am	\$29/\$19
Starting at 12pm	\$25/\$15
Starting at 2pm	\$15/\$10

Sno-Park Permits

Required November 1st - April 30th to park in Oregon Department of Transportation maintained parking areas (including the Mt. Hood Meadows parking lots). Permits are available at our Concierge, the Hood River Meadows Lodge and our Nordic Center. Parking in an Oregon Sno-Park without a permit may result in a fine of \$30 or more.

Oregon Skier Statute ORS 30.970 to 30.990

Violation of any of these duties entitles the ski area operator to withdraw the violator's privilege of skiing. The following are excerpts from the statute. References to "Skiers" & "Skiing" include skiing, snowboarding and other winter activities.

- Skiers accept and assume the inherent risks of skiing (in so far as they are reasonably obvious, expected or necessary).
- Skiers who ski in any area not designated for skiing within the permit area assume the inherent risks thereof.
- Skiers shall be the sole judges of the limits of their skills and their ability to meet and overcome the inherent risks of skiing and shall maintain reasonable control of speed and course.
- Skiers shall abide by the directions and instructions of the ski area operator.
- Skiers shall familiarize themselves with posted information on location and degree of difficulty of trails and slopes to the extent reasonably possible before skiing any slope or trail.
- Skiers shall not cross the uphill track of any surface lift except at points clearly designated by the ski area operator.
- Skiers shall not overtake any other skier except in such a manner as to avoid contact and shall grant the right of way to the overtaken skier.
- Skiers shall yield to other skiers when entering a trail or starting downhill.
- Skiers must wear retention straps of other devices to prevent runaway skis.
- Skiers shall not board rope tows, wire rope tows, j-bars, t-bars, ski lifts of other similar devices unless they have sufficient ability to use the devices, and skiers shall follow any written or verbal instructions that are given regarding the devices.
- Skiers, when involved in a skiing accident, shall not depart from the ski area without leaving their names and addresses if reasonably possible.
- A skier who is injured should, if reasonably possible, give notice of the injury to the ski area operator before leaving the ski area.
- Skiers shall not embark or disembark from a ski lift except at designated areas or by the authority of the ski area operator.

Weekend Snowshoe Tours

Enjoy time away from the hustle and bustle of the ski area and join us for a tour through trees and meadows to scenic Umbrella Falls or Sahalie Falls. Our snowshoe tours are an incredible way for guests to experience the beauty and inspiration of being on the mountain without needing skis or a snowboard. Tours are open to all ages and ability levels, and they go out in the morning and afternoon depending on what tour you choose. Both trails are about 3 miles long. Guided tours are available on weekends and during Winter Break, as well as evening tours on select dates. **Private/Corporate Snowshoe Tours Available.**

Please check our website for dates and pricing:

SkiHood.com/Snowshoe

Vista Ridge Culinary Snowshoe Tours

Our on-mountain, evening guided snowshoe tour will give you a wonderful perspective of Mt. Hood! The tour begins at the Sahale Lodge Rental Center with a short hike to the bottom of the Vista Express Chairlift. There you embark on a scenic lift ride where views of White River Canyon and the South Cascades await. Begin the descent along the southern boundary of our resort and back to the lodge where you will enjoy a wonderful culinary experience to warm your belly.

Please check our website for dates and pricing:

SkiHood.com/Snowshoe

Contact Info

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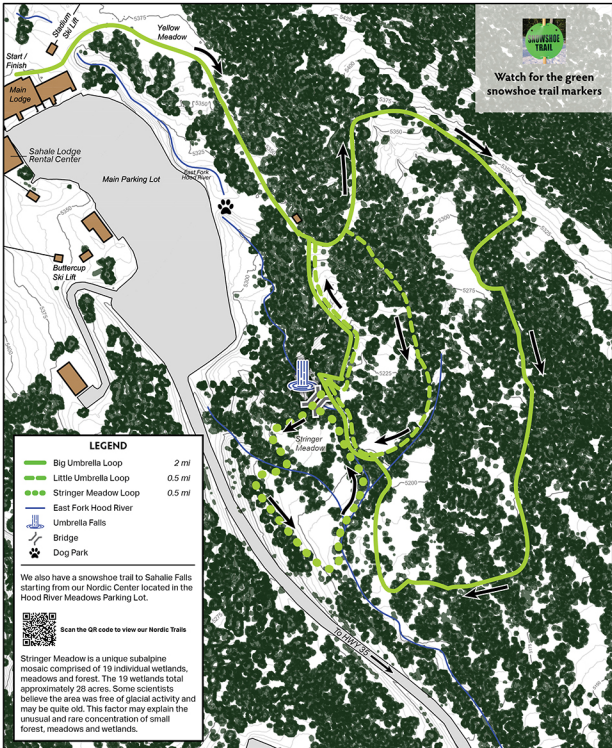


MeadowsNordic

SkiHood.com



Watch for the green snowshoe trail markers



LEGEND

- Big Umbrella Loop 2 mi
- Little Umbrella Loop 0.5 mi
- Stringer Meadow Loop 0.5 mi
- East Fork Hood River
- Umbrella Falls
- Bridge
- Dog Park

We also have a snowshoe trail to Sahale Falls starting from our Nordic Center located in the Hood River Meadows Parking Lot.



Scan the QR code to view our Nordic Trails

Stringer Meadow is a unique subalpine mosaic comprised of 19 individual wetlands, meadows and forest. The 19 wetlands total approximately 28 acres. Some scientists believe the area was free of glacial activity and may be quite old. This factor may explain the unusual and rare concentration of small forest, meadows and wetlands.



Umbrella Falls Snowshoe Routes

